JOINING HANDS
ANNUAL REPORT
July 1, 2012 to June 30, 2013
WE JOINED HANDS WITH MANY PEOPLE TO DO OUR WORK THIS YEAR.
We joined with humanitarian aid workers worldwide to promote their personal resilience and trauma recovery.
From July 2012 to June 2013, we provided training, counseling, consulting, and assessment services to more than 2,000 humanitarian aid workers by traveling to the following cities:

- Atlanta, GA
- Baltimore, MD
- Bangkok, Thailand
- Burlington, VT
- Cambridge, MA
- Cape Town, South Africa
- Cebu, Philippines
- Hammelburg, Germany
- Kep, Cambodia
- London, UK
- Nairobi, Kenya
- Oxford, UK
- Panama City, FL
- Phnom Penh, Cambodia
- Port au Prince, Haiti
- Swellendam, South Africa
- Toronto, Canada

We provided more than 1,000 hours of training, counseling, consulting, and assessment services by phone, SKYPE, and email to aid workers in over 125 countries. In some cases, we were their only source of support and care in the midst of an active war zone or high-risk location like Egypt, Syria, Haiti, and Sudan.
The new Headington Institute Resilience Inventory has been validated on more than 2,500 subjects representing 63 countries.

Over 300 humanitarian workers participated in our resilience study.

More than 400 aid workers completed online personality assessments.

Two articles based on our research findings were submitted to professional refereed journals for publication.

Our programmatic research was presented at an international conference of psychologists and neuroscientists.

We taught at the Harvard Humanitarian Academy, training 100+ students from participating schools like Harvard, Tufts and MIT.

We joined with university research scientists to identify psychological and physical factors promoting brain resilience.

Neuroscience informs our training and treatment protocols so humanitarian aid workers have effective support.
We joined with web designers, graphic artists, and communications consultants to rebuild our online resources.

Now others can better access and understand our message. During the last year we had ...

- 85,000 unique visitors to our website
- 40,000 unique visitors to our blog
- 60,000 unique visitors to our YouTube channel
- 12,000 unique visitors to our Facebook page
- 1,000 people download our free mobile app
- 28,000 visits per month access our various online resources

Online viewers from all regions of the world, especially United States, India, Pakistan, Saudi Arabia, Australia, United Kingdom, and Canada
WE JOINED WITH GENEROUS DONORS WHO PROVIDED FUNDS, SERVICES, AND ADVICE.

WE THANK THE FOLLOWING FOR THEIR CASH DONATIONS:

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THIS ENABLED US TO HELP MORE PEOPLE.
Milton Glaser created a new logo to represent our mission to promote the physical hardiness, emotional resilience, and spiritual vitality of humanitarian relief and development workers.

By joining hands together, we care for caregivers worldwide.