Helping Heroes Be Ready When We Need Them

Annual Report

7.1.2018 - 6.30.2019

Headington Institute
I am so proud of all that the Headington Institute team has accomplished this year. More responders and aid workers have been helped than ever. Your partnership has been especially encouraging. By supporting our work, you kept us going despite the challenges we encountered.

Here are some things we’re particularly pleased about this year:

- We added an additional five staff members to meet the increasing demand for our services. We plan to add two more clinicians very soon.
- You helped build our capacity by donating the most money in a single year in the Institute’s history. Individual gifts increased by 43%, and we exceeded our fundraising goal of $925,000.
- We brought our research and skills-based training to more than 6,000 responders worldwide.
- We finalized a strategic plan for the next three years.

We’re making significant progress to prepare all global humanitarian personnel and domestic first responders here in the United States for the challenges ahead.

Thank you for your continued partnership and support.
We Made a Global Impact in 2018

Our global programs supported heroes in 61 countries, on five continents.

Here at home, we supported a variety of emergency responses, including:

- Aiding the recovery of domestic responders deployed to mass casualty events
- Building the resilience of those deployed to fight CA wildfires
- Preparing intervention staff who confront the growing crisis of homelessness in LA County
We Served More Than Ever

Our clinicians supported 48 organizations & directly impacted more than 6,000 aid workers and emergency responders.

1,210 new responders took the Headington Institute Resilience Inventory (HIRI).

4,720+ heroes completed our online learning courses.

2,100 hours of psychological support and training were provided to aid workers and first responders.

832 hours were spent watching our educational videos online.

131,931 users accessed our online platforms & social media.

9,294 downloads

Our articles, workbooks & readers were download by responders worldwide.

From a Clinician

When Scott Grover, a trauma psychologist with the VA, joined the Headington team in 2016, he wasn’t quite sure what to expect. What he did know was that this job—with clients all over the world—would require him to grow and adapt in unprecedented ways.

What brought you to the Institute?
I came to the Institute after working with military veterans. At VA hospitals, I focused on treating past trauma that was interfering with daily life. Headington gave me the unique opportunity to work with people on the other side of the equation. Now I help aid workers build their resilience and prepare to face trauma with specialized knowledge, preparation, and strong coping skills.

What part of this work resonates with you most?
I immediately connected with HEAT (Hostile Environment Awareness Training). HEATs, along with our clinical pre-assessments, are a large part of what we do to prepare aid workers for the field. While HEATs are often intensive, I am deeply energized by working with people who want to serve others and are willing to put themselves in harm’s way for a higher purpose.

Has anything about the work changed since you came on board?
This year has been significantly busier. There are always more people to help. I never would have imagined that in my second year I’d be traveling monthly overseas, often throughout remote parts of Southeast Asia, Africa, and the Middle East.

What keeps you going?
The work we do is incredibly enriching, but it can also be taxing. Recently we heard that one of the humanitarian teams we’d worked with had a team member kidnapped. Thankfully, they came back safe. That team member said that it was their Headington training that got them through it. Stories like that are what keep us going too, especially on the long flights.
We were ready to help, because of you.

Support comes in all shapes and sizes. Thank you for ensuring our success with your generous cash donations.

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This year, more of you than ever came together to change the lives of thousands.
We believe in the power of bringing people together to tackle big challenges. We are grateful to those who partnered with us this year.

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Photo: Marc Szeglat

Photo: JC Gelidon
Financial Overview

Our community gave an unprecedented amount of support this year. Here’s how we allocated our resources:

- Online Resources: 5%
- Research: 16%
- Counseling: 14%
- Consulting: 9%
- Training Programs: 12%
- Development: 8%
- General Administration: 1%
- Online Resources: 35%

Where We Are Headed

Our new strategic plan sets bold goals for increasing our impact.

Building the resilience of aid workers & responders across the globe.
We’ll make our services more accessible, attractive, and affordable, equipping organizations to adequately care for their staff.

Maintaining the strength, health, & competency of our own team.
We’ll recruit only the finest people, provide the best resources and training, and recognize their accomplishments.

Ensuring our sustainability, so we are here when you need us.
We’ll create more long-term partnerships with clients, donors, and colleagues to build a solid future.

The Institute will always be a center of learning and innovation.

We are driven to help those currently beyond our reach. Through technology, we can bring services and resources 24/7 to those working in the most unstable and remote locations. We are exploring ways to use avatars, virtual reality, chatbots, and animations to ensure that everyone has what they need to maintain resilience and thrive in their work.

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<th>TOTAL INCOME</th>
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<td>$1,420,363</td>
<td>$1,384,891</td>
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Thank you, from our whole team.

Staff

Melis Aldkin, Ph.D. | Consulting Psychologist
Donald S. Bosch, Ph.D. | Director of Risk Psychology and HEAT Training
Caitlyn Ference-Saunders, M.A. | Development Coordinator
Lisa D. Finlay, Ph.D. | Director of International Programs
Scott Grover, Ph.D. | Consulting Psychologist
James D. Guy, Ph.D. | President & Cofounder
Roslyn Hernandez, M.Div. | E-Learning Content Coordinator
David Lopez | Office Manager
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Jacquelyn Millham, Ph.D. | Senior Consulting Psychologist
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 info@headington-institute.org
 www.headington-institute.org
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