People are your greatest asset.
We know how to keep them going.
The Headington Institute strengthens humanitarian and emergency response organizations by determining the best ways to promote the wellbeing of their staff, making us a partner in worldwide emergency responder work.

Our team is sensitive to a wide spectrum of cross-cultural responses to distress or trauma. We intervene with knowledgeable support at any point needed.

We help leaders effectively navigate staff welfare needs in the midst of challenging circumstances and competing demands. Those who sacrifice the most deserve the widest network of care.
ONLINE RESOURCES
We support global humanitarians by making stress and resilience training easily accessible and affordable. We offer free resources in over seven languages and scalable courses for large teams.

COUNSELING
We support individuals before, during, and after deployments to address personal needs, trauma support, wellbeing and resilience by focusing on individual needs and strengths.

TRAINING
Our training programs are designed to prepare staff for challenging environments. Ask about:
- Hostile Environment Awareness Training (HEAT)
- Programs for refugee response organizations
- Training for field managers

RESEARCH
We research the best ways to support staff and build resilience. Our extensive data includes thousands of humanitarian staff from over 130 countries. This information shapes our understanding of how best to support your global teams.

ORGANIZATIONAL CONSULTING
When organizations are equipped to support their staff, individuals thrive and work effectively. Our organizational approach provides a road map for managers to address key staff care priorities.
Together we can prepare aid workers and emergency responders to be ready when we need them, remain at their best during a crisis and recover sufficiently to do it over again.